

*From the Farm to the Table
Local Pathways to Pleasurable Eating and Stronger Local Economies*

EPICURIOUS?

Direct From The Farm to the Table:

Everything you want to know about C.S.A.'s, 'Green Bucks' and other good food values...

Community Supported Agriculture "C.S.A."

Need to learn more about how a **CSA** works, to decide if it's right for you?

Don't fancy a C.S.A.?

Grateful Farm in Franklin, MA "GREENBUCKS" program allows you to stretch your food dollars farther by investing in (organically grown) vegetables at the beginning of the season and be able to choose your own produce all season long at the farmer's markets!

Find how to eat freshly, locally and happily!

Meet the farmers who grow vegetables,
pastured beef, pork and eggs.

Support the local economy; strengthen our regional food supply by supporting local farmers

Find out what local farms need from us in the Metro Boston Area
to be successful in bringing us more local food

**TUESDAY MAY 4, 6PM Central Square Branch Library
45 PEARL STREET, Cambridge MA**

Maybe you've already got vegetables but don't know where to find pastured, hormone & antibiotic-free meat and eggs from trusted, humane and local sources. You and a few friends can team up to buy a share, side or a whole animal and have the farmer raise it for you.

Imagine! Your own cultivated supply!

Drop off points in Cambridge Stores and at Farmer's markets each week! **ACT Now!**

Farmers! Come Car free/ hassle free to the City! Take Commuter Rail to South Station, direct board the T to Cambridge (Alewife) train to Central Square

Public Transportation/ routes **REDLINE**: PLUS #47Bus #1 Bus

Parking at the Cambridge Municipal lot Franklin Street Garage \$1.50 / hr -- 4/ hrs= \$6.00