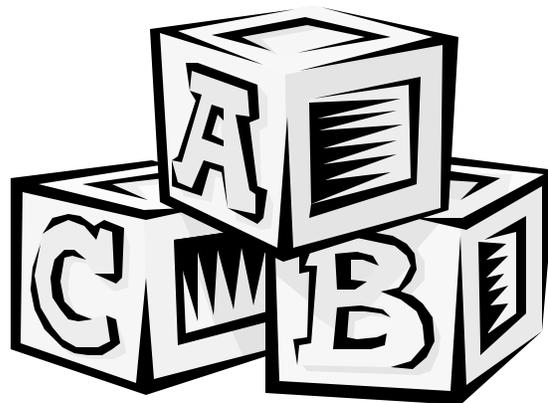


# *The 5th Annual* **Caring for Babies Forum**



*A free event for Cambridge and Somerville parents, teachers, providers and all those who care about and care for infants and toddlers birth to age three!*

**Come be a  
Part of a Great  
Experience!**

**Saturday, March 18, 2006**  
**8:30 AM—2:30 PM**  
**Peabody School**  
**Cambridge, MA**

- |             |  |
|-------------|--|
| 8:30-9:00   | Arrive & Breakfast   |
| 9:00-9:15   | Gather to hear welcome address by Cambridge Mayor Ken Reeves   |
| 9:15-9:45   | Keynote address: <b>Oral Health for Families: A Team Approach</b><br><br><b>Mary Foley</b> , RDH, MPH Project Director, Improving Perinatal and Infant Oral Health, Children's Dental Health Project, Washington, DC |
| 10:00-11:30 | Morning classes  |
| 11:45-12:15 | Free lunch   |
| 12:30-2:00  | Afternoon classes  |
| 2:00-2:30   | Discussion/Good-bye  |

***Please return the inside registration form to the Child Care Resource Center by March 11  
(March 7th for child care)***

*Child Care Resource Center, Inc. / Attn: Melissa / 130 Bishop Allen Drive / Cambridge MA 02139 / Fax: (617) 491-1731*



# Registration

**Space is limited—registration is required!** Please complete the registration form and return it to the Child Care Resource Center by **March 11**. Registrations received after this date will be taken on a first come first served basis.



## Child Care



For parents whose children are not yet crawling, we ask that you keep your children with you during the day as our space is not suitable for non-crawlers. *For older children there is limited child care available. In order to get your name on the list for child care, you must return your registration form by **March 7**.*

## Location, Transportation & Parking



The Peabody School is located at 70 Rindge Avenue (near Massachusetts Avenue) in North Cambridge and is easily accessible by foot from the Red Line or Bus #83 or #77. There is *limited* non-resident parking around the school. Further information will be provided with your registration confirmation.



*The 2006 Caring for Babies Forum is presented by:*

*The Child Care Resource Center, the Agenda for Children Literacy Initiative, Cambridge Center for Families of, City of Cambridge Department of Human Services, the Cambridge Public Library, Cambridge Housing Authority, Cambridge-Somerville Early Intervention, Somerville Family Network and Somerville Community Partnerships for Children*

**Funded in Part by:** *Delta Dental, Draper Laboratory, Cambridge Community Foundation & Massachusetts Family Literacy Collaborative and the Early Learning Opportunities Act grant (ELOA)*

## Registration Form

**The Caring for Babies Forum is a free event! Register by March 11th as space is limited!**

Name : \_\_\_\_\_

Address : \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home Telephone : \_\_\_\_\_ Work Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

**Please place a "1" for your *first* choice and a "2" for your *second* choice for the morning workshop**

AM 1 ABC's of Children's Health  AM 3 Things Kids Do That Drive Us Nuts (Part 1)  AM 5 Make It, Take It  AM 7 Humor Talks  AM 9 Seminé sou Lasante ak Sekirite

AM 2 Reading to Mixed Age Groups  AM 4 Early Math/ Early Science  AM 6 Baby Signing  AM 8 Primeros Auxilios

**Please place a "1" for your *first* choice and a "2" for your *second* choice for the afternoon workshop**

PM 1 Sharing Books with Children  PM 3 Understanding "Typical" Development  PM 5 Baby Signing  PM 7 Spanish Literacy

PM 2 Things Kids Do That Drive Us Nuts (Part 2)  PM 4 Make It, Take It  PM 6 Pre-Natal Yoga/Yoga Moms/ Nia Babes/Family Yoga  PM 8 Kijan paran kap ede pitit you reisi nan lekol

**Are you? (please check all that apply)**

- Parent
- Family child care provider
- Grandparent
- Early childhood teacher
- Other caregiver
- Early childhood director

**Do you need child care for the day?**

- Yes  No

I need care for \_\_\_\_\_ children

**Please fill in your child(s) information:**

Child's name : \_\_\_\_\_

Date of birth: \_\_\_\_\_

Child's name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

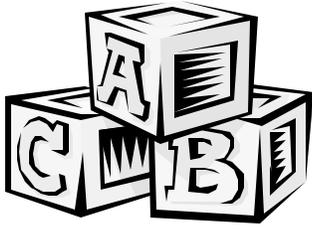
Child's name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

**Do you need EEC Training Hours ?**  Yes  No

**Please return this form to the Child Care Resource Center by March 11 (March 7th for child care)**

Child Care Resource Center, Inc. / Attn: Melissa / 130 Bishop Allen Drive / Cambridge MA 02139 / Fax: (617) 491-1731



**The 2006 Caring for Babies Forum**

c/o Child Care Resource Center, Inc.  
130 Bishop Richard Allen Drive  
Cambridge Massachusetts 02139  
ph: (617) 547-1063 x237/ fax: (617) 491-1731

**To:**



**Free Event for  
Cambridge &  
Somerville  
Residents!**

# 5th Annual Caring for Babies Forum

## March 18, 2006

### Morning Workshops 10:00-11:30

#### **AM 1 The ABC's of Children's Health**

*(Jill Kasper, M.D.)*

*An hour and a half long workshop on infant and toddler behavior, nutrition and safety. Included will be discussions on toilet training, child-proofing the home and transitioning from the breast to the bottle to table foods. Also included is a question and answer period.*

#### **AM 2 Reading to Mixed Age Groups**

*(Macky Buck, Family Child Care Provider)*

*Most children's book authors and illustrators create their books at many levels. In this workshop we will look at how to get the most out of a book when reading to children of different ages or stages of development. We will look at what it is that children are learning from books, and how we can meet varied needs at one time.*

#### **AM 3 Things Kids Do That Drive Us Nuts: Understanding Motivation and Behavior (Part 1)**

*(Malvina Libsch, Families First)*

*No matter how understanding and patient parents may be, children's behavior can be very difficult to deal with. This workshop explores why children engage in such frustrating behaviors, as dawdling in the morning or refusing to do homework, and introduces some effective ways of responding.*

#### **AM 4 Messy Play Throughout the Day!**

*(Anne Marie Stephan, Boston Children's Museum)*

*In this workshop, participants will learn about and experience the joy of messy play! Through hands-on exploration and discussion, participants will learn a variety of new activities to try with their infant or toddler at home. Participants will receive activity sheets and articles highlighting the developmental benefits of messy play for their child.*

*CAUTION: Please remember that construction sites are often messy! Dress casually and roll your sleeves up for some fun!*

#### **AM 5 Make It, Take It**

*(Marie Enochy, Cape & Islands Early Childhood Resources Center)*

*Come and create materials, games, or storyboards for use with children, age birth to 3. Bring photos of your children for making some activities. All other materials will be provided.*

#### **AM 6 Baby Signing**

*(Sheryl White, Baby Kneads)*

*Come find the window into your young child's mind! Communicating with American Sign Language offers a new way to communicate with children who are not yet speaking. We'll discuss the benefits of teaching sign language, and will teach you over 50 ASL signs to share with infants and toddlers.*

#### **AM 7 Humor Talks**

*(John F. Murphy, M. Ed., CCC/SLP & Ann M. Murphy, M. Ed.)*

*Join John and Ann Murphy for fun, laughter and humor. The Murphys are a husband-wife team who for over 15 years have been presenting humor to programs to Community Groups, Businesses, Associations, Conferences and Conventions. The Murphys believe: "We don't stop playing because we get old, we get old because we stop playing!" The Murphys will be helping those in attendance reduce the everyday stresses of parenthood through humor and laughter!*

#### **AM 8 Primeros Auxilios**

*(Matilde Graciano, Family Child Care Provider)*

*Cómo prevenir envenenamiento e intoxicación en niños pequeños.*

*Qué hacer en casos de quemaduras, heridas o fracturas*

*Cómo mantener su hogar seguro para sus hijos pequeños*

#### **AM 9 Seminè sou Lasante ak Sekirite/ Premye Swen Pou Moun k ap Okipe ti Bebe**

*(Louis Charles, Cambridge Health Alliance)*

*Seminè sa a se pou pemèt gwoup Ayisyen k ap okipe ti bebe resevwa enfòmasyon nesèsè, pou yo k ap kreye yon anvivonman ki gen sekirite ak bon sante pou ti bebe yo ak pou moun k ap okipe yo.*

# 5th Annual Caring for Babies Forum

## March 18, 2006

### Afternoon Workshops 12:30 - 2:00

#### **PM 1 Sharing Books with Children: "Best of the Best"**

*(Daryl Mark and Amy Newmark, Cambridge Public Library)*

*Exchange ideas about ways to share books with children, learn some activities to make reading together lots of fun and discover some great books!*

#### **PM 2 Things Kids Do That Drive Us Nuts: Understanding Motivation and Behavior (Part 2)**

*(Malvina Libsch, Families First)*

*No matter how understanding and patient parents may be, children's behavior can be very difficult to deal with. This workshop explores why children engage in such frustrating behaviors as dawdling in the morning or refusing to do homework, and introduces some effective ways of responding.*

#### **PM 3 Understanding "Typical" Development and Signs of Delay in Young Children**

*(Amy Bamforth, MS(Ed), MSW)*

*"I have a 12 month old who doesn't crawl, is this typical? What should I do when a child keeps putting things in his/her mouth? When should a toddler start to talk? How do I know if a child has a developmental delay?" This workshop will answer your questions about normal infant and toddler development and about signs that a child may need special attention. The presenter will address common developmental concerns and help participants identify warning signs. Ideas about activities to support positive development will also be discussed.*

#### **PM 4 Make It, Take It**

*(Marie Enochy, Cape & Islands Early Childhood Resources Center)*

*Come and create materials, games, or storyboards for use with children, age birth to 3. Bring photos of your children for making some activities. All other materials will be provided.*

#### **PM 5 Baby Signing**

*(Sheryl White, Baby Kneads)*

*Come find the window into your young child's mind! Communicating with American Sign Language offers a new way to communicate with children who are not yet speaking. We'll discuss the benefits of teaching sign language, and will teach you over 50 ASL signs to share with infants and toddlers.*

#### **PM 6 Pre-Natal Yoga/Yoga Moms/Nia Babes/Family Yoga (combined in one class)**

*(Margo, Barrett Lauck, Celeste LeMieux, yoga Instructors, Casania)*

*Prenatal yoga is a safe, effective and enjoyable way for pregnant women to feel more at ease in their changing bodies as well as to prepare for labor and childbirth. Yoga Moms is a class that is a fun and effective way for postpartum women to regain their overall vitality while bonding in a special way with their infants. Nia Babes is gentle yet energizing world music and movement provides mothers with an opportunity to dance expressively and gain cardiovascular strength while sharing a joyful and healthful experience with their infants. Join Family Yoga to experience how parents and children let their energy flow together as they explore playful yoga poses, animated breathing exercises, and imaginative relaxation techniques.*

#### **PM 7 Aprenda como ayudar a su hijo a comprender lo que lee**

*(Virna Coxon)*

*Aprenda como ayudar a su hijo a comprender lo que lee usando metodos sencillos.*

#### **PM 8 Kijan paran kap ede pitit yo reisi nan lekol**

*(Roseleine Moussignac, Assistant Teacher at the Graham and Parks School)*

*Rechek montre kijan paran ka patisipe nan edikasyon pitit yo ak kijan yo ka ede pitit yo reisi byen nan lekol. Paran dwe aktiv nan edikasyon pitit li. Nan atelye a, paran yo pral aprann strategi ak fason pou travay avek pitit yo, pa ekzanp, yo bezwen rankontre ak pwofese yo pou konnen kijan pitit yo ap travay nan lekol. Paran yo pral jwenn enfomasyon ki ka ede yo sipote pitit yo nan fe de vwa lakay ak nan fe pwoje yo gen pou yo fe. Li enpotan pou paran pale ak pitit yo an kreyol ak an angle pou devlope langaj pitit yo e pou yo ka enrichi kilti yo, yo ka mennen pitit yo nan bibliotek, nan mize ak nan akwariom. An denye, paran pral aprann kijan pou yo li ak jwe jwet ak pitit yo.*