

# Cambridge Prevention Coalition

## E-Newsletter

August  
2010

Creating Change  
Through Collaboration



CAMBRIDGE  
PREVENTION  
COALITION

### New website: Check it out!

OPEN is proud to launch its new website!

Have questions about overdose? Want to know how YOU can help reduce the risk of overdose?

Visit [www.odprevention.org](http://www.odprevention.org) for more information!

Follow our *RealityCheck*  
campaign!



### Leaders In Prevention Award Nominations!

Every year, the Cambridge Prevention Coalition recognizes individuals and organizations that prevent or reduce drug and alcohol abuse within Cambridge.

These individuals and organizations may do so directly (for example through educational campaigns) or indirectly (for example through providing alternatives to drinking or drug use or reducing some of the negative outcomes of drug use). The 5th Annual CPC Recognition Awards will be held on October 14, 2010, at 3:30pm at the City Hall Annex, 344 Broadway, Cambridge, Massachusetts.

Please take a moment to nominate individuals or agencies who have given their time, talent, dedication, and commitment. We encourage applications for organizations and individuals who may not provide traditional programs, such as promoting youth wellness, engaging the community, leading by example, or a peer leadership program.

**The six award categories are:**

1. Outstanding Youth Leader
2. Outstanding Youth Organization
3. Outstanding Agency / Organization
4. Exemplary Leadership Award
5. Richard V. Scali Most Responsible Retailer Award
6. Outstanding Substance Free Event

You can nominate more than one person or agency. The award recipients will be chosen by an awards committee made up of coalition members. Award recipients will be notified in early October. The deadline for 2010 nominations is September 17, 2010.

\*Nomination forms can be found online at:

[http://www.cambridgema.gov/CityOfCambridge\\_Content/documents/CpcForm.pdf](http://www.cambridgema.gov/CityOfCambridge_Content/documents/CpcForm.pdf)

Mail or fax nomination forms to: Gisela Rots \* Cambridge Prevention Coalition \* 51 Inman Street \* Cambridge, MA 02139 (617) 349-6283 \* Fax (617) 349-6357 \* [grots@cambridgema.gov](mailto:grots@cambridgema.gov)

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*\*Note: Committee Reports and Director's Desk are taking a summer break! They'll be back next issue.*

# CPC

## Subcommittees

### Environmental Strategies

Contact: Frank Connelly  
(617) 349.6334

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### Social Marketing

Contact: Gisela Rots  
(617) 349.6283

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### OPEN Project

#### Shannon Kelly

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### Teens Against Drug and Alcohol Abuse (TADAA)

Youth Advisor: Lovelee Heller

[tadaaleaders@gmail.com](mailto:tadaaleaders@gmail.com)

### Parent Navigators

Contact: Lamos Paul

[lpaul@challiance.org](mailto:lpaul@challiance.org)

### CPC Intern/E-News Editor

Contact: Nikki Lam

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## CPC Member Spotlight:

**Q. What do you do in your role as Program Coordinator for CASPAR's First Step Street Outreach?** *As an outreach team we work with adult men and women who live or spend large parts of their days and nights on the streets; since many of them are active substance abusers, overdose prevention is a familiar topic of conversation. Central to the mission of CASPAR is providing "Hope for Today." Since we focus on harm reduction -- meeting people where they are, and offering (and referring individuals to) relevant basic services such as food, clothing, transport, medical care, shelter, etc. -- our work overlaps significantly with the CPC. Plus, as coordinator, I have been working with other outreach providers throughout Cambridge and Somerville (e.g., Cambridge Cares/Aids Action, On the Rise, OPEN, Youth on Fire, and the Cambridge Police Department) to help improve collaboration.*

**Q. Why did you become a member of the CPC, and how does it relate to what you do?** *As program coordinator of the outreach team I manage the team, which works in two shifts (8 am - 4 pm; 4 pm - 12 am), Monday - Friday, and work with the various homeless service providers and local schools and businesses in the Cambridge/Somerville area. I also continue to do outreach on a part-time basis.*

**Q. What are some of your interests outside of work?** *My hobbies include playing sports (especially football and softball), reading (poetry), and walking around Boston (the views from the Charles River never get old!).*

**Q. What are some things you would like to see the CPC accomplish?** *The CPC has provided some excellent resources for staff training, so I hope that they continue to offer such opportunities. I'd also like for CPC's continued support of collaborative outreach efforts throughout the area. While I do not know much about CPC's work with alcohol vendors, it'd be ideal if all alcohol vendors in the area were well trained in overdose prevention.*

# Meetings:

## Upcoming Quarterly Meetings:

Oct 14, 2010

## Quarterly Meetings are held at:

City Hall Annex  
344 Broadway  
2nd Floor  
Cambridge

**New Time for 2010  
Meetings:  
3:30-5:00**

## NEWS: Mass. State Rep. Charley Murphy Celebrates New Inhalant Bill

Massachusetts State Representative Charley Murphy celebrates the passing of a new inhalant bill which he finds very important for the state of Massachusetts. The bill offers a new clinical treatment option to families who suffer the destructive effects of inhalant abuse, which seems to be a growing problem in Massachusetts. Current state law excludes many inhalant abusers from court-ordered treatment programs, which is making it hard for the increasing number of inhalant-using youth to get the help and support they need. Murphy told the Boston Globe, "This bill seeks to remedy a critical shortfall in the existing statute so that we can reach these kids before they fall through the cracks."

Read full press release at:

[www.boston.com/yourtown/news/burlington/2010/08/murphy\\_touts\\_passage\\_of\\_inhala.html](http://www.boston.com/yourtown/news/burlington/2010/08/murphy_touts_passage_of_inhala.html)

## NEWS: New Study Says Damage from Alcohol Consumption During Pregnancy Worsens with Age

A new study reveals that children born to older mothers are more affected by maternal binge drinking during pregnancy as compared to those born to younger mothers. A mother's age is shown to be a significant factor leading to the severity and presence of Fetal Alcohol Syndrome Disorders. Research suggests children of pregnant women 30 or older who binge-drink are more likely to suffer greater damage from Fetal Alcohol Spectrum Disorders

Read full article at: <http://health.usnews.com/health-news/family-health/brain-and-behavior/articles/2010/07/21/damage-from--binge-drinking-in-pregnancy--worsens-with-age.html>