

PLEASE CALL TO VERIFY HOURS AND REQUIREMENTS FOR PANTRY USE.

Cambridge Food Pantries	
Name – Address	Hours of Operation – Availability
<p><i>Cambridge Senior Center</i> 806 Massachusetts Avenue Cambridge, MA 02139 617-349-6060</p>	<p> accessible Tuesday & Thursday noon – 2:00 p.m. Available once per week to Cambridge residents age 55 and older</p>
<p><i>Cambridgeport Baptist Church</i> Food Pantry/Clothes Closet 459 Putnam Street Cambridge, MA 02139 617-576-6779</p>	<p>1st & 3rd Saturday of every month 10:00 a.m. - noon</p>
<p><i>CEOC Food Pantry</i> 11 Inman Street Cambridge, MA 02139 617-868-2900</p>	<p>Monday & Wednesday 4:00 p.m. – 6:00 p.m. Tuesday noon.– 2:00 p.m. Thursday 11:00 a.m.– 1:00 p.m. Available once a month to Cambridge residents</p>
<p><i>Common Care/St. Peter’s Episcopal Church</i> 838 Massachusetts Avenue Cambridge MA 02139 617-547-7788</p>	<p>By referral only.</p>
<p><i>East End House</i> 105 Spring Street Cambridge, MA 02140 617-876-4444</p>	<p>Tuesday 9:00 a.m. – 2:00 p.m.; Friday 9:00 a.m. – 12:00 p.m. By referral only. Please call for an appointment.</p>
<p><i>Helping Hand Pantry</i> St. James’s Episcopal Church 1991 Massachusetts Avenue Cambridge, MA 02140 617-876-4381</p>	<p>Tuesday 6:00 p.m. – 8:00 p.m. Thursday 11:00 a.m.– 1:00 p.m. Saturday 10:00a.m. – 12:00 p.m. Available once a month.</p>
<p><i>Margaret Fuller House Food Pantry</i> 71 Cherry Street Cambridge, MA 02139 617-547-4680</p>	<p>Wednesday 5:00 p.m.- 7:00 p.m. Thursday-Friday-Saturday 9:00a.m – 12:00 p.m. other times in emergencies Available weekly</p>
<p><i>Project Manna</i> Massachusetts Avenue Baptist Church 146 Hampshire Street Cambridge, MA 02139 617-868-4853</p>	<p>3rd Saturday of the month 8:00 a.m. – 9:30 a.m. Once per month</p>
<p><i>St. Paul A.M.E. Food Pantry</i> 85 Bishop Allen Drive Cambridge, MA 02139 617-661-1110</p>	<p> accessible Wednesday noon. – 2:00 p.m. Saturday 10:00 a.m. – noon Available weekly</p>
<p><i>Salvation Army</i> 402 Massachusetts Avenue Cambridge, MA 02139 617-547-3400</p>	<p> accessible Help available daily by appointment</p>
<p><i>Western Avenue Baptist Church</i> 299 Western Avenue Cambridge, MA 02139 617-441-6959</p>	<p>2nd Wednesday of each month 10:30 a.m. until food runs out Available monthly</p>
<p><i>Zinberg Clinic Pantry</i> The Cambridge Hospital 1493 Cambridge Street</p>	<p> accessible For patients with HIV/AIDS</p>

Cambridge, MA 02139 617-665-1606	
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Cambridge Community Meals Programs	
FOR SENIORS ONLY (AGE 60 OR OLDER)	
Name – Address	Hours of Operation – Availability
<i>Burns Apartments</i> 50 Churchill Avenue Cambridge, MA 02140 617-492-7247	Lunches daily 11:30 a.m.-12:30 p.m., reservation required, suggested donation \$1.50
<i>Cambridge Health Alliance Senior Health Connections 617-665-1665</i> *The Cambridge Hospital Cafeteria (2 nd Floor) 1493 Cambridge Street Cambridge, MA 02139 *Somerville Hospital Cafeteria (Lower Level) 230 Highland Avenue Somerville, MA 02143	Monday-Friday, 5:00 p.m.-6:00 p.m., suggested donation \$1.50; hospital staff give health talks once a month at each location. Show your Council on Aging Buylines card for free parking during the Senior Suppers.
<i>Cambridge Senior Center</i> 806 Massachusetts Avenue Cambridge, MA 02139 (Central Sq.) 617-349-6060	 Breakfasts daily 8:30-9:30 a.m., suggested donation \$1.25 Lunches daily 11:30 a.m. –12:45 p.m., no reservation required, suggested donation \$1.50
<i>Mass. Alliance for Portuguese Speakers</i> 1046 Cambridge Street Cambridge, MA 02139 617-628-6065	Lunches Monday through Thursday 12 noon to 1:00 p.m., reservation required, suggested donation \$1.50
<i>Miller's River Apartments,</i> 15 Lambert Street Cambridge, MA 02141 617-499-7154	Lunches daily 11:30 a.m.-1:00 p.m., reservation required, suggested donation \$1.50
<i>North Cambridge Senior Center</i> 2050 Massachusetts Avenue Cambridge, MA 02140 (near Porter Sq.) 617-349-6320	Lunches weekdays 11:30 a.m.-12:30 p.m., reservation required, suggested donation \$1.50
<i>Salvation Army Silver Threads Program</i> 402 Massachusetts Avenue Cambridge, MA 02139 617-547-3400	Lunches Tuesday through Thursday 12:30 p.m. to 1:00 p.m., reservation required, no donation requested <u>Note:</u> The Salvation Army's meals are  accessible, but their women's bathrooms are not.
COMMUNITY LUNCHES (ALL AGES)	
<i>Salvation Army</i> 402 Massachusetts Avenue Cambridge, MA 02139 (between MIT and Central Sq.) 617-547-3400	Weekdays 12:00 noon, Saturday 11:30 a.m., Sunday 1:00 p.m., no charge  (see note above)
<i>Shelter Inc. (Women's Time) Drop In</i> 109 School Street 402 Massachusetts Avenue, Cambridge, MA 02139 617-547-1885	Weekdays 11:30 a.m. -- homeless women only, no charge

Cambridge Community Meals Programs	
COMMUNITY DINNERS (ALL AGES)	
Name – Address	Hours of Operation – Availability
<i>Bread and Jams</i> 617-441-3831	Sundays, May 1 – October 1, Cambridge Common near Harvard Square ☒ Sundays, October 15 – May 1, St. James's Episcopal Church (1991 Mass. Ave, Porter Sq.), 5:00 p.m. – 7:15 p.m., no charge
<i>Common Care</i> St. Peter's Episcopal Church 15 Sellers Street Cambridge, MA 02139 (Central Sq.) 617-547-7788	2 nd and 4 th Saturdays of the month Sept. to June. Persons wishing to eat or get food from the pantry must help with preparations, arriving between 3:00 and 5:00 pm
<i>Faith Lutheran Church</i> 311 Broadway (near Prospect Street) Cambridge, MA 02139 617-354-0414	2 nd and last Tuesday of the month, 6:30 p.m.
<i>First Parish Church</i> 3 Church Street Cambridge, MA 02138 (Harvard Sq.) 617-876-7772	Tuesday 5:30 p.m., no charge
<i>Harvard Sq. Meals Program at Christ Church</i> Zero Garden Street Cambridge, MA 02138 617-876-0200	Thursday 6:00 p.m., no charge
<i>Loaves and Fishes Meal Program</i> First Korean Church 35 Magazine Street Cambridge, MA 02139 (Central Sq.) 617-497-7277	Saturday 5:30 p.m., no charge
<i>Mass. Ave. Baptist Church,</i> 146 Hampshire Street Cambridge, MA 02139 (Inman Sq.) 617-868-4853	Monday and Friday, 6:00 p.m., no charge ☒
<i>Salvation Army</i> 402 Massachusetts Avenue Cambridge, MA 02139 (between MIT and Central Sq.) 617-547-3400	Wednesday 5:00 p.m., no charge ☒ (see note above)
<i>Union Baptist Church</i> 874 Main Street Cambridge, MA 02139 (Central Sq.) 617-864-6885	Thursday 5:00 p.m., no charge
<i>Good Food Good Friends</i> St. James's Episcopal Church 1991 Massachusetts Avenue Cambridge, MA 02140 (Porter Sq.) 617-876-4381	Thursday 5:45 p.m., no charge (Women only , 15 guest limit)

Other Food Resources	
<p><i>Abundant Life Church SERVE Program</i> 47 Howard Street Cambridge, MA 02139 617-864-2826</p>	<p>1st and 2nd Sundays, registration; food pickup, usually 4th Saturday, 12:30 p.m.- 1:30 p.m. Discounted grocery packages for \$12-\$18 and a two hour contribution per package of volunteer time to an organization or person in the community.</p>
<p><i>Food Stamp Program</i> Department of Transitional Assistance One Davis Square Somerville, MA 02144 617-629-1400</p>	<p>The Food Stamp Program helps low-income people buy the food they need for good health. You may be able to get food stamps if you: work for low wages, are unemployed or work part time, receive welfare or other public assistance payments, are elderly or disabled and live on a small income, or are homeless.</p>
<p><i>Project Soup Food Pantry Delivery Program</i> 59 Cross Street Somerville, MA 02145 617-776-7687</p>	<p>Serves Cambridge and Somerville residents who are unable to go to pantries or carry groceries home because of a disability or impairment.</p>
<p><i>St. Paul Roman Catholic Church Dollar-A-Bag Program</i> 29 Mt. Auburn Street Cambridge, MA 02138 617-491-8400</p>	<p>Saturday 11:00 a.m. – noon. Anyone may buy two bags of groceries for \$1.00 each, one of bread and one of vegetables, fruits and assorted items. Limit is two bags per visit, but there is not a monthly limit on visits.</p>
<p><i>WIC (Women, Infants and Children) Program,</i> 119 Windsor Street Cambridge, MA 02139 617-665-3750 9 Jefferson Park Cambridge, MA 02140 617-661-4084; 1-800-942-1007</p>	<p>Supplemental food program for low and moderate income pregnant or nursing women, and children under five years of age who are at nutritional risk.</p>

12/2/2010