

CAMBRIDGE SENIOR CENTER – 806 MASS. AVE. 1:30-4:30
 WORKSHOPS – PEACE DAY

<u>FRONT BALLROOM</u>	<u>BACK BALLROOM</u>	<u>CAFETERIA</u>	<u>LOUNGE</u>
1:30-2:10 Dances of Universal Peace		1:30- 4:15 Making Peace flags Peace Cranes	1:30-2:30 Peace within/Peace Without – A mind/body/spirit approach with Wendy Root
2:15-2:45 Peace Games	2:10-3:20 True Story Theater Peace Stories	Making Peace flags Peace Cranes	2:45-3:15 Yoga Breathing and Relaxation with Jennifer Lynn
3:25- 4:25 Talking with Families about Peace in times of war – A Conversation with Fletcher/Maynard School principal Robin Harris, Young Peoples’ Project Chad Milner, Military family members Ann Chay, Carlos and Melida Arredondo and Peace Commissioner Larry Ward	3:45-4:15 Peace Games	Making Peace flags Peace Cranes	3:25-4:25 Tapping Your Way to Health & Happiness with Linyi Hsing