



The Company Journal
and "The Feederline"

Fire Department News
Cambridge, Massachusetts
A Class 1 Fire Department

From the desk of
Chief Gerald R. Reardon

Issue #60
Fall 2011

10th Anniversary of September 11, 2011



Please take the time to think about and remember all those that were murdered in the cowardly attacks on the World Trade Center, the Pentagon and Shanksville, Pennsylvania on September 11, 2001, especially the 343 Brothers who made the supreme sacrifice during the greatest rescue ever made in the modern fire service, as well as the other public safety officials who were also killed and the men and women of the armed forces who have given (and will give) their lives in the fight against terrorism.



What's New

Award – Cambridge Engine 5 attended the Mass. Antique Fire Apparatus Parade at Edgewater Office Park in Wakefield on June 11, 2011 and won a Special Award. Congratulations and thank you to Group 2 for making the trip to represent the department.

Patriot Flag – The Patriot Flag made a stop at Fire Headquarters on July 5, 2011. The Patriot Flag is a flag project whose goal was to reach:

“50 States in 50 Weeks as
A TRIBUTE TO THE ARMED FORCES, FIRST RESPONDERS, SECOND RESPONDERS,
THE 9/11 FAMILIES AND THE FALLEN OF THE ATTACKS ON AMERICA,
and all of the Public Safety Personnel on the JOB today willing to make the supreme sacrifice
for others,
and the Armed Forces of America that are preserving and have in the past, secured our
freedom.”

Information from www.thepatriotflag.us





Engine 4's new pump was placed into service on July 30, 2011 at 1300 hours after companies received training in its use.

Israel Trip - Deputy Fire Chief Gerard Mahoney (EPAC) visited Israel in June to attend a Northeast Counter-Terrorism Seminar. The following story and all accompanying photos are used with permission by DFC Mahoney:

In June 2010 I was selected to participate in the Northeast Counter-Terrorism Seminar in Israel organized by the Anti-Defamation League. The seminar would take place November 13-21, 2010. We were accompanied by Robert Trestan, Eastern States Civil Rights Counsel for ADL. My participation was sponsored by the generosity of Cambridge businessman Carl Barron.

I was the only fire service person along with twelve members of law enforcement, one retired State Police Detective Lieutenant and two civilian guests of the ADL to make the trip. To be honest I was a little ambivalent about going. Being the only firefighter in the group and knowing only one of those going, Cambridge Police Deputy Superintendent Paul Ames, I thought I'd be the "fifth wheel" for the duration. I was wrong, everybody got along great and I was treated with great respect by my brothers and sisters in law enforcement.

Deputy Ames and I departed Logan Airport for Newark, NJ on Saturday November 13 at 11:00am. Because our flight from Newark to Tel Aviv wouldn't depart until 11:00pm we took the opportunity to visit lower Manhattan. I have been a frequent visitor to the site of the World Trade Center but Paul had not. It was a beautiful sun splashed afternoon and we were able to spend time touring the site as well as other notable landmarks in the city.

We met the rest of our travelling party at 7:00pm at Newark International Airport and had the first of many meals together prior to boarding the plane for the ten hour trans-Atlantic flight to Tel Aviv.

I'm not quite sure what pre-conceived notions I had about Israel but I was surprised when I opened the shade as we started our descent into Tel Aviv and saw high-rise buildings and highways. As is often the case on long crowded flights, sleep was difficult and when we departed the plane we were told it was now 4:00pm on Sunday! The time difference is seven hours.

After collecting our luggage and meeting members of the Jerusalem ADL office and our tour guide Reuven Solomon we boarded the motor coach that would be our means of transportation for the week.

Our first stop was the Renaissance Hotel on the Mediterranean Sea in Tel Aviv. The first thing I noticed was the armed security outside the hotel as well as the TensaBarriers set up to restrict entering and exiting the hotel to one set of doors only.

After a brief time to shower and take a quick nap we gathered for dinner and a briefing by Brigadier General Shaiké Horowitz. This was the first of many briefings and discussions we had with members of the Israeli Defense Forces, the Israeli National Police and members of the Israeli media. Most of the briefings consisted of some historical perspective of the subject matter at hand, as well as telling us what problems were currently being encountered and how they were dealing with them.

After dinner and the briefing our tour guide invited us to join him for a short walk to Mike's Place, a local Irish Pub which had been the site of a suicide bomber attack in April 2003. It's located near the United States Embassy. (While Jerusalem is the seat of government in Israel, the US refuses to place its embassy there, for political reasons.)

The first of many lessons about Israeli resiliency was learned at Mike's Place. Within 48 hours of the suicide bomber attack which killed 3 people and wounded over 50, they were back open for business! The philosophy is pretty simple. If you cower or go away, the terrorists win.



At the border crossing known as Area A; West Bank

The following day we spent a few hours at Ben Gurion Airport in Tel Aviv where we were briefed on air travel security measures. They have a very pro-active security that is multi-layered; they place emphasis on profiling and intelligence. 11 million passengers per year travel through Ben Gurion. The director of security joked to us though: "We don't make you take your shoes off!"

We then visited the Port of Ashdot, a very large container and passenger facility that had been the site of a terrorist attack in March 2004 when two 18 year-old suicide bombers stowed away in an incoming cargo container. Ten people were killed. Hamas and Fatah claimed responsibility for the attack.

This was to be the first of three nights we would spend in Jerusalem, a city of over 763,000 residents in an area of 48 square miles. It is considered a holy city by Jews, Christians and Muslims. It is hard to describe the feelings I experienced while walking through Jerusalem. As one of our group pointed out, in New England we think of old as something from the Revolutionary War era. We were walking along streets and pathways where Jesus walked, over 2000 years ago!

Prior to visiting the old city the next morning we visited a border crossing along the West Bank. An area that we have heard about in media reports forever it seems. Residents of the West Bank with proper identification and credentials actually travel quite freely across the border, for work, school and medical care. Security is of course tight as this too has been the site of frequent suicide bomber attacks in the past.

Naturally because of the long standing tensions in the Middle East and in Israel in particular, Jerusalem; a religious destination for people all over the world has a whole host of security issues itself. We toured the security facility which displays hundreds of images from cameras strategically placed throughout the area. We also had a briefing from the Israeli National Police media spokesman Mickey Rosenfeld, a native of Britain.

The police force in Israel is a national one. 38,000 police and border officers are assisted by 74,000 police volunteers. There are 9.7 million calls for assistance annually. Israel has about 7.5 million people spread out over 7,992 square miles. It is similar in size and layout to the State of New Jersey. Incidents in the area of Jerusalem are roughly 50% terrorism related.



Several of us attended 5:00am Mass at the Church of The Holy Sepulchre, built on the site where Christ was crucified on the cross.

We were able to spend considerable time touring the Holy Land sites in Jerusalem. People of all faiths come from all over the world to visit the various locations that are of religious and historical significance. Two of the most significant and moving things I experienced during our stay in Jerusalem were meeting with Sgt. Ronit Tubul of the Israeli National Police and visiting Yad Vashem, the National Holocaust Memorial.

Sgt. Tubul was a 30 year-old wife and mother of a two-year old child. She boarded a bus near her home on June 18, 2002 to go to work. Two stops later a young man boarded the bus and stood behind her. That is the last thing she remembers. Authorities believe the young man was wearing a suicide vest. The blast killed 19 people and seriously injured many more. Ronit was in a coma for twelve days. She had numerous surgeries and many months of therapy before returning to work. She has since given birth to a second child.

Yad Vashem is the National Holocaust Memorial and museum located on the Mount of Remembrance in Jerusalem. Words cannot adequately describe what I experienced as I walked through this magnificent series of buildings. Ironically the architect Moshe Safdie, has an office in Somerville and lives in Cambridge.



Entrance to The Children's Memorial at Yad Vashem

We left Jerusalem on Thursday and headed north towards the Golan Region near the border with Syria. We made a stop at a border crossing called Calandia. This too, like the crossing we visited in Jerusalem has been the site of violence and suicide bomber attacks as well as attempts that have been prevented.



The Western Wall, considered one of the holiest sites in the Jewish faith.



Fire Apparatus responding to a horse drawn carriage accident in Netanya.

On the way to the Golan Region we stopped in the town of Netanya. This unfortunately was the site of one of the worst terrorist attacks, the Passover Seder attack in the Park Hotel when a suicide bomber killed 30 civilians and injured 140 in March 2002. We spoke with the hotel manager whose brother was killed in the attack.



Suicide Bomber Vest at Police Academy Museum.



In the Golan Heights with Syria in the background.



The Golan Heights. Note how dry and barren the ground is. This would be the site of a devastating wildfire two weeks later that claimed many lives.

While Israel has committed many resources to its defense against terrorism unfortunately they have not done so with their fire service which is also a national organization. That would be evident two weeks after we returned home when a devastating wildfire killed over 40 people. Many of those killed were corrections officers who were dispatched to assist in firefighting efforts.

While staying in the Golan Region in the town of Safed we had the pleasure of experiencing a traditional Shabbat Meal on Friday evening, the night before the Sabbath.

Prior to my trip to Israel I had been introduced via e-mail to Joe Weisberger, a native of Brooklyn, NY who retired several years ago from Motorola and relocated with his wife to Israel for retirement. Joe is a long-time fire buff and we have many mutual friends in the New York/New Jersey area. On our last night in Tel Aviv before heading home I was able to spend some time with Joe and his wife Roni at our hotel. Joe is a former Marine.

We spent Sunday in Tel Aviv prior to our twelve hour flight back to Newark, NJ. We visited the police district headquarters and took a ride on the police boat. We gathered at a local restaurant for our farewell dinner. Each of us was asked to speak briefly about the trip and what it meant. While we all had different things we took from the trip, one common thread seemed to be it was a fabulous experience; personally, professionally and spiritually.



Farewell dinner in Tel Aviv.
(L to R) CPD Deputy Supt. Paul Ames, Tour Guide Reuven Solomon, **DFC Gerry Mahoney-EPAC**, Robert Trestan of ADL.

All Companies Working

May 28, 2011 – 1 Alarm, 33 Blanchard Street, Box 912 – Companies were dispatched to a building fire (receiving calls). On arrival, Engine 9 found a fire in the kitchen. A hand line was used to extinguish the fire while Rescue 1 searched the home and Ladder 1 provided ventilation on the roof. Group 1

May 29, 2011 – Mutual Aid, Somerville, Ladder 1 and Engine 5 covered Somerville during their W/F on West Street

May 31, 2011 – 1 Alarm, 247 Garden Street, Box 8 - cooking fire extended to wall and cabinets.

June 4, 2011 – Water Main Break, Broadway at Trowbridge – a 30 inch water main broke early in the evening flooding Broadway and several surrounding homes. Companies responded to assist in evacuating residents and assist in hazard abatement. With almost no water pressure in the city, DFC E. Morrissey requested fire alarm to have two tankers staged in the city. A Massport water tanker and Lincoln Engine 2 covered the city until water pressure was restored.

June 5, 2011 – 1 Alarm, 808 Memorial Drive, Box 3561 – received the box alarm for the building. On arrival received reports of a fire in the building in 812 Memorial Drive. A/DFC Carter ordered the assignment to be filled. Companies found a mattress and box spring that were on fire in the elevator lobby on the third floor. The fire was knocked down by the building sprinkler system. Companies checked the other units on the third floor to ensure there were no other fires.

June 6, 2011 – Haz-Mat – 150 Erie Street, LBJ Apartments – diesel spill in basement, 15 bags of speedy dry and DEP requested.

June 7, 2011 – Haz-Mat – MIT 471 Memorial Drive, companies assisted Cambridge Police Department with a hazardous condition in a dorm room. The investigation revealed that the items found were not hazardous.

June 10, 2011 – Haz-Mat– 21 Ames Street, MIT – Ethanol spill in MIT building, 1 victim was transported to Massachusetts General Hospital.

June 20, 2011 – Rescue – Central Square MBTA – Companies responded to the Central Square MBTA station for a person who fell onto the tracks. Power and service were ordered shut down and companies removed the patient with c-spine precautions after verifying the power to the third rail was off.

June 28, 2011 – Level 1 Haz-Mat - 10 Museum Way – Companies responded for a Level 0. Found several cylinders of nitrogen with one leaking and requested a Level 1 hazmat.

June 29, 2011 – 1 Alarm – Cambridgeside Galleria Mall Box 1382 – Group 3 operated on a car fire on a lower level inside the parking garage. Ladder 2 used a dry chemical unit on an engine compartment fire until Engine 3 could get a line charged. Garage fans were used to exhaust smoke and retail portion of mall was checked for smoke.

July 4, 2011 – Water Rescue, Charles River near Cambridge Parkway - Just before the holiday fireworks, companies responded to a report of several persons in the water. Private boaters removed the persons from the river and fire department personnel removed them to dry land for evaluation.

July 5, 2011 – Box 343, Pier fire – The ECC received calls for a boat on fire in the Charles River. The vessel turned out to be the barge where the July 4th fireworks were shot from the night before. Boston also responded and used their fireboat to extinguish the fire.

July 5, 2011 – Mutual Aid, Dive incident, Saugus – The dive team responded to the city of Saugus to assist in a search for a missing party in the Breakheart Reservation. State Police divers were already in the water and Cambridge stood by as a backup team until cleared.

July 9, 2011 – 1 Alarm fire, 2 Cambridge Center, Box 2591 – fire on a stovetop was extinguished by occupant with hand held fire extinguisher. Companies checked for extension.

July 12, 2011 – 1 Alarm fire, 2 Cambridge Center, Box 2591 – Received reports of an odor of smoke on floor number 8. Companies investigated and found cardboard insulation burning inside a door in the penthouse. Fire was extinguished by fire department personnel.

July 14, 2011 – 1 Alarm fire, 17 Otis Street, Box 1322 – Box was filled out by Division 1 for a fire in the ceiling caused by welders.

July 16, 2011 – 1 Alarm fire, 7 Granite Street, Box 345 – Companies were dispatched to a reported garage fire. On arrival, found a two car cinder block garage. Fire was extinguished with hand lines from Engine 2 and Engine 6. Ladder 3 and Rescue 1 performed ventilation.

July 17, 2011 – Water Main Break – Tierney & Winslow Streets

July 22, 2011 – Haz-Mat, Level 1, Cambridge Water Treatment Plant – Ammonia leak

July 22, 2011 – Mutual Aid, Somerville – Box 443, 247 Elm Street – Ladder 1 and Engine 4 provided station coverage for a working fire in a commercial building in Davis Square

July 23, 2011 – Mutual Aid, Saugus, Box 1261, 8+ Alarms – an overturned gasoline tanker on Route 1 ignited several exposure structures. Ladder 1, Engine 5, Squad 2 and Division 1 responded to assist. Engine 3 was also special called for foam capabilities.

July 23, 2011 – 1 Alarm fire, 21 Ames Street, Box 246 - Companies were dispatched to a report of smoke in the building. Companies investigated and found an extinguished fire in a waster container in a laboratory.

July 25, 2011 – Working Fire, Marino’s Restaurant, 2465 Mass. Ave, Box 78 – 1 story commercial structure with fire in oven ventilation system. Received mutual aid from Somerville.
Three photos below by **FF Walter Grace (Aide to Division 1 – Retired)**





Firefighter Kurt McLaughlin (Rescue Co. No1, detailed to Ladder No. 2)

July 25, 2011 – 1 Alarm fire, 129 Upland Road, Box 685 – Companies were dispatched to a reported building fire. On arrival, first due companies reported a fire in the kitchen. Engine 4 stretched a handline and the fire was extinguished. Fire was contained to stovetop in kitchen.

July 27, 2011 – 1 Alarm fire, 43 Essex Street, Box 28 – responding to a central station fire alarm Ladder 3 filled the assignment for a smell of smoke in the building. Companies found a ceiling fan on fire on the second floor. Engine 6 stretched a hand line and the fire was extinguished. The ceiling was opened up and checked for extension.

July 28, 2011 – Rescue, 34 Newtowne Court – a two year old child had his head stuck in between some rails of a wrought iron fence. The Rescue company used the reciprocating saw to removed a fence rail to extricate him. The boy was not injured.

July 30, 2011 – 1 Alarm fire, 121 Jackson Street, Box 75 – Companies were dispatched to a structure fire. On arrival, found clothes on fire in the apartment. Engine 8 ran a hand line over the fire escape into the unit and companies checked for extension.

August 2, 2011 – 1 Alarm fire, 655 Concord Ave, Box 91 – plumbers soldering pipes in a bathroom started a small fire in the wall. Fire was extinguished with a water can and the walls were opened and checked for extension.

August 13, 2011 – Rescue, 38 Tremont Street – Companies responded to an accident where a male was trapped underneath a vehicle he was working on. The Rescue Company used air bags to life the vehicle. The patient was extricated and transported to Mass. General Hospital with severe injuries.

August 15, 2011- Rescue, Fresh Pond Cinema, Alewife Brook Parkway - Companies responded to the movie theater for an 11 year old child that had his arm stuck in a drink holder in one of the theater seats. Childs arm was extricated successfully.

Out and About

Group 2 Rope Training – Headquarters companies from Group 2 participated in some high angle rope training at headquarters in June 2011. The following photos were provided by **Firefighter John Bell** (Rescue Co. No. 1)





Memorial Hall makes a nice backdrop for **Firefighter Todd Koen** (Engine Co. No. 1)

Firefighter Memorial Sunday – June 12, 2011 – Current members and retirees participated in an indoor ceremony (due to inclement weather) at the Mayor Sheila Doyle Russell Youth and Community Center on Huron Ave. On duty and off duty personnel all participated and enjoyed a collation afterward at the VFW Post downstairs.



Photo by DFC D. Turner



Photo by DFC D. Turner

Retirement Party – A retirement party was held for **George Thompson** at the Marsh Post on June 24th. All members were invited.

Basic Ladder Training - All companies underwent basic ladder training through the generosity of the Medford Fire Department. In the world of Terrorism, Confined Space, Hazardous Materials, Structural Collapse and EMS training, we tend to forget that fires do occasionally happen and hoses, ladders and SCBA are our basic tools of choice. Congratulations to the Training Division for doing a great job.



Members of Group 3 participated in the Basic Ladder Training this day.

Lopez Family – Mechanic Steve Lopez (M-3) had some very important people stop by the station on June 16 to check out the apparatus. Rumor has it that they came to inspect the craftsmanship of the Repair Division which passed with flying colors.



Photo by Tara Bithia

From L-R: Mia, Magnus, Minick, and Adriana, Steve's grandchildren. Adriana (far right) is the daughter of **Dan Lopez (M-4)**

Memorial Day Exercises – The members of the Cambridge Fire Department honor guard represented the department in fine fashion to honor the men and women of the Armed Forces during the Memorial Day Parade in May.



Canobie Lake Park Day – August 11, 2011

The weather cooperated greatly making sure everyone had a great time again this summer at Canobie Lake Park! Much appreciation to everyone that always makes this department family day special Chairman **FF. Michael Dwyer (Ladder Co. No. 1)** & son T.J., **Glenn Turner (IT Specialist)** & Family, **Lt. Matt Wood (Training Division)** & Family, **Lt. Jim Drewicz (Rescue Co. No. 1)** and designer of the shirts), Cambridge Fire Fighters Local 30, Cambridge Firefighter Federal Credit Union, and Bridget Lopez for helping out this year.



H. Smith photo

Boston Bruins Stanley Cup Champion and MVP Goalie Tim Thomas made an appearance at the Canobie Lake Park Family day to help emcee the competition games. Just kidding, **Lt. Matthew Wood (Training Division)** and Tim Thomas look-a-like) did a great job as always making sure the kids went home with something other than memories.

Spotted riding the new roller coast ride “Untamed” (among others) were **DFC John Cotter (Division 1)** and **Capt. Joe Dynan (Engine Co. No. 3 – Retired)**

Seen leaving the Michael Jackson Tribute show were **Lt. Chuck Lowe (Engine Co. No. 1)** and **FF Rick Feliciano (Ladder Co. No. 2)**

Condolences to:

Deputy Chief Michael J. Morrissey, Division 1 on the passing of his Mother-In-Law,
Mrs. Kay Grossi

Lt. Philip G. Arsenault; Squad 2 on the passing of his Mother Mrs. Blandina Arsenault

Captain Lawrence Hodgson, Fire Prevention – Retired on the passing of his former wife,
Claire M. Hodgdon. Mrs. Hodgdon was also the sister of **Firefighter Joseph Scalesse; Engine
Co. 1-Retired**

From the Archives

The following “vintage” photo was supplied by **FF. Steve Kelley** (Rescue Co. No. 1).



Photo courtesy of FF. Steve Kelley

Back row, L-R **Captain Frank Murphy Sr.**, **FF Jack Kenny**- Engine Co. No. 2, **FF Steve Persson** – Rescue Co. 1, **FF Robert “Skip” McFadries** - Engine Co. No. 3
and **FF Walter Grace**

Front row, L-R, **FF Michael O’Shea** – Engine Co. No. 7, **FF Francis “Lucky” Holleran**,
FF Vincent Kelley, and **FF Bill Hugh**



Photo from Walter Grace Collection

Ralph Chapman, Bill Murray, FF George Thompson (Retired)

With the recent passing of **Firefighter Jim Harkins (Engine 5 - Retired)**, his family generously made some of his fire collection available to the department. There were some rare photos and great history that we will continue to share through the Company Journal in the issues to come!
This photo shows Engine Co. No. 1 under steam responding to a call.



Another great photo shows a 19th century hand pumper, known as a "squirrel-tail" pumper called "the Red Jacket." The Red Jacket was NOT a true Cambridge fire apparatus, but belonged to a private "Association" that used the apparatus to compete in various competitions throughout New England. The original *Red Jacket* hand pumper with serial number 364, was made by the L. Button & Co., Waterford New York, in 1854. Despite the striking resemblance, for those that may be wondering, that is NOT **FF Frank O'Grady (Ladder Co. No. 2)**. We all know Frank isn't that old!



Through the Lantern Lens



Through the Lantern Lens

by Mose Humphrey

As the summer winds down, and the kids return to school, the members of our local fire departments will be holding required fire drills within the first opening days of school. In regards to school safety, many people may have heard of Our Lady of Angels fire in Chicago, Illinois in December of 1958 where 92 children (and three nuns) were killed in a rather prominent school fire. But fires can happen locally, and they have.

The St. John's School Fire was a deadly fire that occurred on the morning of October 28, 1915, at the St. John's School on Chestnut Street in the downtown area of Peabody, Massachusetts. Twenty-one girls between the ages of 7 and 17 were burned or crushed to death while attempting to escape the fire.

More than 600 children were in the building when the fire began, a fire started in the basement of the school building. There were no fire escapes on the outside of the building, but instead those inside were forced to use wide stairways at either end of the interior which led down to the front exit. Mother Superior Aldegon, who led the Sisters who taught in the Catholic school, sounded a fire alarm and began the routine fire drill procedure.

This procedure should have led to the children and teachers leaving the building through the stairways to and out of a rear exit. However, as smoke thickened and the fire came closer, they ran for the front door instead, and became jammed in the vestibule. The fire broke through to the vestibule from directly under the front entrance and the vestibule, now crowded with pupils, was enveloped in flames. The fire rapidly swept through the three-story brick and wooden building, fully engulfing it in less than five minutes.

With their exit blocked, many of the children escaped through first-floor windows or jumped from those windows on the second and third floors. Not all were able to escape, however; the bodies of the 21 victims were found after the fire subsided, huddled together and burned beyond recognition, on the inside of the school entrance. The Sisters of Notre Dame who taught at St. John's aided the children trying to escape, some by dropping the students into coats and blankets being used as life nets. These actions were credited in saving many lives.

As a result of this fire, Peabody became the first city to pass a law that said all doors must push out. The school was later rebuilt at the same location and operates today as St. John the Baptist School, which educates children from preschool through eighth grade.

Transfers and Assignments

General Order No. 17, Series of 2011

Effective Sunday, July 10, 2011 at 0700 hours:

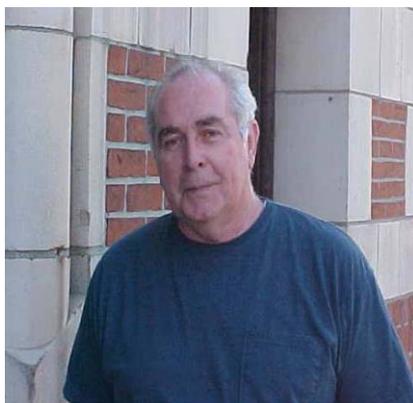
Firefighter John R. Mulligan from Rescue Company No. 1 to Engine Co. No. 2
Firefighter Matthew R. McDonald from Engine Co. No. 2 to Rescue Co. No. 1

Signal 10-15

10-15 The Chief of Department regrets to announce the death of **Fire Lieutenant James P. Harkins of Engine Company No. 5 - retired**. Fire Lieutenant Harkins was appointed to the Cambridge Fire Department on 4 March 1973. His assignments were as follows:

4 March 1973	Engine Company No. 1
14 June 1981	Ladder Company No. 4
9 May 1982	promoted to Fire Lieutenant – Fire Headquarters
17 April 1983	Engine Company No. 9
31 Dec 1995	Ladder Company No. 2
15 Sept 1996	Engine Company No. 5
4 April 2004	Fire Headquarters

Lt. Harkins retired on 1 July 2004. He died on 14 June 2011. He was born on 4 Dec 1940.



10-15 The Chief of Department regrets to announce the death of Firefighter **George W. Simmons of Engine Company No. 3 - retired**.

Firefighter Simmons was appointed to the Cambridge Fire Department on 18 June 1967 and retired on 5 June 1980. He was assigned to Engine 3 for his entire career.

He died on 2 July 2011 He was born on 19 Jan 1934.

Firefighter Simmons was a United States Navy veteran of the Korean War.

10-15 The Chief of Department regrets to announce the death of **Firefighter William D. Miller** of **Ladder Company No. 4 – retired**. Firefighter Miller was appointed to the Cambridge Fire Department on 20 May 1962. His assignments were as follows:

20 May 1962	Ladder Company No. 2
2 Oct 1977	Ladder Company No. 3
2 July 1978	Ladder Company No. 4
7 Aug 1988	Fire Headquarters

Firefighter Miller retired on 29 June 1989. He was born on 13 Aug 1931. He died on 9 July 2011.

Firefighter William Miller was a Korean War era veteran of the United States Air force

10-15 The Chief of Department regrets to announce the death of **Firefighter George E. Gibson** of Engine Company No. 9 – retired. Firefighter Gibson was appointed to the Cambridge Fire Department on 19 Jan 1969. His assignments were as follows:

19 Jan 1969	Engine Company No. 8
4 Jan 1970	Engine Company No. 2
22 Jan 1971	Rescue Company No. 1
12 Jan 1975	Ladder Company No. 3
2 Jan 1983	Aerial Tower Company No. 1
5 May 1985	Engine Company No. 9

Firefighter Gibson retired on 27 Dec 2001. He died on 17 July 2011. He was born on 3 Oct 1944.

Firefighter Gibson was a veteran and member of the Massachusetts Army National Guard, 1st Battalion, 220th Infantry.

Quotes of the Day

We are what we repeatedly do. Excellence, therefore,
is not an act but a habit.

-Aristotle

Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth
can help the man with the wrong mental attitude.

-Thomas Jefferson

Leadership: The art of getting someone else to do something you want done
because he wants to do it.

-Dwight D. Eisenhower

Commendation

General Order No. 16, Series of 2011

Re: Commendation for actions at Box Alarm 343, Incident 10012774 for 471 Memorial Drive, on Tuesday, 7 June 2011

Upon the recommendation of Acting Deputy Fire Chief William J. Braithwaite of Division 1, Firefighter Michael S. Murphy of Engine Company No. 4 is commended for his actions while operating at Incident 10012774 for 471 Memorial Drive, on Tuesday, 7 June 2011 as noted below.

While working a paid private detail at 471 Memorial Drive, FF Michael S. Murphy was alerted by construction worker that there was a suspicious package or packages on scene. FF Murphy told the worker to fine a police officer and call the police. After looking at the room in question, FF Murphy evacuated the building, ensuring that all of the workers left safely. He assembled the workers in one place and denied access until the arrival of Engine 2. After Engine 2 arrived, he further assisted the Engine 2 by keeping the workers in the cold zone and denying access to civilians as they tried to enter the building. When Division 1 arrived on scene, he assisted Engine 2 in debriefing us.

He then re-entered the building with Engine 2's crew and MIT PD to revisit the several units that did not respond when they went door to door to evacuate the building, thus ensuring that ALL residents were accounted for. After the Hot, Warm and Cold Zones were set up, and the secondary size up by CFD and CPD units, he kept the construction workers in the Cold zone for interviews by CPD. He then left several workers back into the building by way of the rear to retrieve their personal effects after CPD had determined that offensive action was needed to mitigate the situation.

Later on, it was learned that the welders on site had left several Oxy-Acetylene rigs connected for us in the building. The CPD Bomb Technicians asked if these additional hazards could be removed before their Bomb unit began mitigation of the "packages." Once again, FF Murphy re-entered the building to lead the welding crews safely to their rigs, supervise their disassembly, and then lead the crews outside with their gear and cylinders to safety. His actions in advance of the arrival of the CFD Haz-Mat Task Force, recognizing the potential for disaster, and his willingness to re-enter the building several times to ensure the safety of the residents, workers, and brother and sister Firefighters by facilitating the removal of the dangerous gas cylinders, show courage, selflessness, and a can do spirit that embody the best traditions of the Cambridge Fire Department.

General Order No. 18, Series of 2011

Re: Commendations for actions at MBTA Rescue, Incident #110003814 for the subway tunnel between Harvard and Porter Transit Stations, Tuesday, 12, July 2011

On the recommendation of **Deputy Fire Chief Gerry Mahoney of EPAC (Emergency Preparedness and Coordination)**, the members of Group 4 with the following companies and units are commended:

Engine Company No. 1
Engine Company No. 4
Engine Company No. 8
Ladder Company No. 1
Rescue Company No. 1
Squad No. 2
Squad No. 4
Division No. 2
Training Division Unit, No. C25

On Tuesday July 12, 2011 at 0947 hours, Cambridge Fire Department units were dispatched to the Harvard Square Station for a reported disabled train outside of the station. The call was to request the fire department's assistance in evacuating the six-car Red Line train which was stalled outside the station.

Shortly after their arrival, companies were informed the MBTA was now having the train "pushed" in the direction of Porter Square. Companies were re-located to that locataion.

Temperatures were in the high 80's to low 90's with relative high humidity.

The train that was assisting the disabled train; also six-cars long, was unable to make it into the station at Porter Square. The end result was a twelve car disabled train approximately 100 yards outside the Porter Square station on the inbound tracks.

Cambridge Fire Department units under the command of **Deputy Fire Chief Francis Murphy** immediately put into action a plan to assist with the evacuation of the train, taking into consideration the life safety of the civilians as well as all personnel operating at the scene. For many passengers, there would be difficulty in exiting the train as well as walking along the right-of-way. DC Murphy placed CFD personnel at strategic locations to assist the public.

Eventually, 447 passengers, according to a count maintained by T personnel on scene, would be safely evacuated without incident.

Several passengers indicated this incident had initially started approximately one hour prior to the arrival of the fire department.

An incident that had the potential for significant injuries and panic went very well due to the systematic methods implemented by DC Murphy and all CFD personnel on scene.

The assistance of Professional Ambulance Company was significant, as they provided ice and cold water to exiting passengers and all personnel on scene. They also provided medical triage to those passengers who required it.

The Cambridge Police Department along with the Transit Police were also of valuable assistance in maintaining order and control at the street level and within the station.

The last passenger of the train was removed at approximately 1240 hours.

The actions of Deputy Chief Murphy and all Cambridge Fire Department personnel; as well as the other agencies, at this incident were in the highest traditions of the fire service and this department.

Congratulations

Congratulations to **Lieutenant Patrick Haggerty** (Ladder Co. No. 3) and his wife Sarah on the birth of their daughter on June 17, 2011.

Congratulations to **Lt. Michael Donovan** (Engine Co. No.3) who had a role on the Fox Television hit show "Master Chef". After a nationwide search, Lt. Donovan was among 100 other amateur chefs to compete against one another in Chef Gordon Ramsay's culinary show. Although, he didn't win, he deserves credit for his enthusiasm. Well done Mike!

Retirements

General Order No. 15, Series of 2011

Retirement of Firefighter Timothy C. Latson Jr.

Effective June 24, 2011 at 1700 hours

Effective June 24, 2011 at 1700 hours, **Firefighter Timothy C. Latson Jr.** retired from the Cambridge Fire Department. Firefighter Latson was appointed on **March 6, 1983**.

April 17, 1983	Ladder Co. No. 3
February 26, 1989	Engine Co. No. 1
January 7, 1990	Engine Co. No. 8
August 10, 2008	Headquarters
November 16, 2008	Engine Co. No. 4
June 13, 2010	Headquarters

Firefighter Latson has faithfully served the citizens of Cambridge.

We wish Firefighter Latson much happiness and good health in his retirement.

General Order No. 20, Series of 2011

Retirement of Firefighter Leroy Houston Jr.

Effective August 12, 2011 at 1900 hours

Effective August 12, 2011 at 1900 hours, **Firefighter Leroy Houston Jr.** retired from the Cambridge Fire Department. Firefighter Houston was appointed on April 24, 2988.

June 12 1988	Engine Co. No. 1
February 26, 1989	Ladder Co. No. 3
October 29, 2000	Engine Co. No. 6

Firefighter Houston has faithfully served the citizens of Cambridge.

We wish Firefighter Houston much happiness and good health in his retirement.

Although not a firefighter, **City of Cambridge Signal Maintainer Larry Mitzer** has been a long-time friend of the Cambridge Fire Department. Larry recently retired from the electrical department and his friends with the Cambridge Fire Department wish him well. Larry was also a Vietnam combat veteran.



photo by Tara Bithia

Letters

Due to an Editorial Error, a letter sent by Lorna Rutkauskas back in June 2011 after her father, Herbert Martin passed away was omitted from the last issue of the Company Journal. We sincerely apologize for the mistake!

Deputy Gelinas,

Thank you for placing much care and regard into my Father, Herbert Martin's serviced through the Keefe Funeral Home. My father was very proud of his years of service as a Cambridge Firefighter.

He shared many happy department memories with us, and I was honored to have had him as my father and a firefighter.

Please extend my warmest appreciation to the members serving as Honor Guard and to the Rescue Company and Division Deputy Chief for their participation in his funeral procession.

Most Sincerely,
Lorna

The following letter was received June 29, 2011 from The Pentecostal Tabernacle:

Dear Lieutenant Towski,

Just a note to express our appreciation to the Cambridge Fire Department for the EMT details provided during our soccer nights program last week.

Bishop Brian Greene

The following letter was received on July 9, 2011:

Dear Lt. Haggerty,

The staff at the Farr Academy would like to thank you and the other firefighters very much for being part of our Summer Career Exploration Program. We appreciate you giving us a tour and talking with our students. Their enthusiasm during and after the visit was a testament to your knowledge and excitement about your careers (and your senses of humor as well.)

I believe this visit provided our students an opportunity to learn more while developing a greater sense of appreciation for the work that you do every day. Upon returning to the building, the students and staff had only positive things to say about the experience. A few of the students would like to further explore the field as a possible career.

We feel that our first site visit for this summer program was very successful. We look forward to seeing you in the building and perhaps next year for another visit.

Sincerely,
Steven Noble
Job Placement Coordinator
Farr Academy, 71 Pearl Street

July 18, 2011 from the Arsenault Family:

To all the Cambridge Firefighters,
Thank you so much for all the support you have shown over the last week, you are all truly amazing!

-The Arsenault Family

The following letter was received on July 27, 2011:

Dear Chief Reardon,

Saugus Fire Chief James L. Blanchard and I would like to express our sincere gratitude for the professional actions of you and your members while operating at the eight alarm fire on Saturday, July 23, 2011.

The first alarm was struck at 2:11 A.M. for a gasoline tanker rollover with leaking fuel on Route 1 North at the Essex Street overpass. The gasoline ignited, and the subsequent fire eventually involved 4 vehicles and 3 structures. One structure was residential and the other two commercial.

Without the prompt action of your department, and the other twenty-two responding departments, this fire would have been catastrophic. Please convey our heartfelt thanks to your responding personnel.

Respectfully,
Donald H. Wong
State Representative

James L. Blanchard
Saugus Fire Chief

From Captain David Walles, July 28, 2011:

I just wanted to pass along accolades from the Trauma Service at Massachusetts General Hospital regarding the following incident. Dr. Alice Gervasini from the MGH Trauma Service called to say that all involved "did a great job!"

Forgive me for not knowing which individual CPD and Pro EMS personnel were on scene, but it would be appreciated if Bill Mergendahl and Dep. Supt. Albert can pass it along to their personnel.

At approximately 1325 hours on Tuesday July 26, 2011 multiple CPD units, CFD Ladder 1 (with Lt. Melendy, FFs Mickiewicz and Keefe) and Squad 4 (with A/Lt. Devlin and FF Estrada), and Pro EMS Paramedic 3 and Ambulance 6 (?) responded to 1555 Massachusetts Av. for a reported stabbing. A 22 y/o male was found with multiple stab wounds, some of which appeared life threatening. The patient sustained stab wounds to his anterior and posterior chest, shoulder, face, and arms. He appeared to have sucking chest wounds. The patient was exhibiting signs of shock and respiratory distress. Members of all organizations worked quickly and cooperatively to treat and transport the patient to get definitive care. EMS on-scene time was about 5.5 minutes, which is remarkable!!!

Upon arrival at MGH, he was evaluated in the Emergency Department and quickly taken to the operating room where they "cracked his chest." One of the chest wounds struck the apex of the heart and caused a pericardial effusion/tamponade (preventing the heart from pumping effectively). Doctors evacuated the blood from around his heart and also removed 700 cc's of blood from the left chest after placing a chest tube. Another wound went from his left anterior chest to his left axilla (armpit), thought to be possible entrance and exit wounds indicating a long

weapon. Another wound to his face severed a facial nerve resulting in a facial droop. He also sustained multiple "minor" stab and slash wounds.

Today he remains in the ICU, he was extubated this morning (breathing tube removed), and barring any complications, is expected to do well. Time will tell if he has a permanent facial droop, but the doctors are optimistic.

These types of calls are usually few and far between. Your training, experience, and professionalism made the difference between life and death.

I would also like commend and thank everyone involved. You all did an extraordinary job and without doubt, you helped save this young man's life!

Thank you,
Captain David Walles
Cambridge Fire Department
Training Division
617-349-4972

The following note was sent via email on July 31, 2011.

Just wanted to let you know that I had a wonderful experience tonight with many members of the department. My husband called because we returned from a weekend away to a weird odor that seemed like something burning. We called 911 and got a big response. Because they detected elevated CO levels they spent a lot of time trying to identify the source, getting nstar in and airing out the house. On another hot night wearing lots of heavy equipment, they were great. I said at the end as they were leaving that I was a city employee. Anyway, you have a great team. Thanks
Ellen

Re: This was I# 11001073 at 1934 hours on 31 July 2011. The response was Engine 1, Truck 1, Rescue 1, and Division 2. Group 3 was on duty but DFC E. Morrissey was the IC.

The following email was received on August 9, 2011:

Lt. Hughes,

I would like to pass on my community's heartfelt thanks to Company #4 for their visit on Sunday, August 7th. The weather was so terrible all morning and up until the gathering time, and then the sun popped out to everyone's amazement allowing the party to begin! The firemen of Company #4 were so informative and good with the children as they clamored over your new pumper truck.

Thank them again for taking their time to share with us the importance of their jobs with our youth.

Gail Wirch
617-714-5595
Brickworks Condos, Cambridge

(Captain Larry Brogan, FF. Ryan DeCoursey, and FF. Jim Bergin)

The following note was received at Fire Headquarters on August 15, 2011:

Dear Colleagues from Cambridge Fire Department,

Thank you for attending our breakfast at MGH to celebrate outstanding “door-to-balloon” times and for your partnership in this endeavor. You guys are terrific!

Warmly,
Ken Rosenfield M.D.

The note was in regards to a call experienced in Cambridge in which the life of Steve Perrin was saved by all involved from his co-worker who did CPR, the Cambridge Fire Department, Professional Ambulance and the staff at Mass General Hospital.... The entire article from Mass General Hospital can be found at: <http://www.massgeneral.org/about/newsarticle.aspx?id=2697>



Photo from MGH Newsletter “MGH Hotline”

L-R. Scott Taylor (Professional Ambulance), Lt. Phil Arsenault (Squad 2), Mr. Steve Perrin, Lt. Ray Valliancourt (Squad 4) and Doctor Ken Rosenfield

Safety

Some interesting facts on firefighter safety related to health. Here is a study conducted by the University of Indiana called the physiology study, the entire paper can be found here: <http://www.indiana.edu/~firefit/yearonestudy.shtml?n1=curstudy>

Recently released data indicates that 104 of the firefighter deaths reported during 2006, more than half (54%) can be attributed to stress or overexertion including heart attacks, and cerebrovascular events. These 2006 stress and overexertion deaths rates echo data reported over the last 25+ years. With the reduction of fatalities related to other causes, the prevalence of cardiovascular-related deaths has emerged as a significant problem for the fire service. On average, 50% of on-duty firefighter deaths are due to cardiovascular system failure.

In 2006, The University of Indiana attached a “LifeShirt” to 56 members in the Indianapolis FD which contained electrodes that monitored HR, BP, temperature among other key functions. Subjects recorded electronic data throughout a 24 hour shift for 6 months.

Scientists were dispatched to all fire calls and recorded all events on the fire ground by distributing TIC helmet cams and video cameras to most personnel and all vehicles. At the end of the shift data was downloaded to a computer along with all listed activities and accompanying times for which they occurred. They recorded 88 fires in the 6 month study. 2 stations were involved including 2 trucks, 2 engines, and a rescue.

The alarm: They found that after a fire dispatch the average heart rate increased to 136 BPM and this was dependant on the FF experience (more years = less HR) and fitness (more fitness = less HR). Experience was a bigger factor than fitness.

Responding: While en route, if there was information added about a possible entrapment, the subjects average HR remained at about 112. Without possible entrapment it stayed at about 90. Fitness had more to do with this average than experience. Respiratory rate also increased on the average of 25% by just sitting in the rig on the way to the fire! This indicates that it is primarily a sympathetic emotional response.

Overall suppression: Without boring you with all the details about how HR and RR changed during specific fire ground tasks I'll just say that they found that the first 10 minutes upon arrival created an average HR of 126 and an average RR of 40. This data indicates that the typical firefighter response to fire ground operations is in excess of 70% of maximal heart rate and that on any given fire scene, nearly 70% of firefighters are working between 60% to 80% of their maximal heart rate. Similarly, the average firefighter is breathing at a minute ventilation of 50 L/min and 70% of firefighters are consuming between 28 and 78 L/min of SCBA air. Consuming air at these rates gave studied firefighters an average of approximately 28 minutes of air. S&R caused the highest HR and RR than fire attack, and last was ventilation with an average of 116 BPM and RR of 19. **In the event search operations turn into a rescue operation, heart rate sky rockets. The highest heart rates observed during the study were in individuals involved in rescue of civilian victims. Some heart rates observed in rescue operations were in excess of 100% of predicted heart rate maximums and sustained for 20 to 40 minutes! Heart rates of this magnitude are extreme and may be responsible for triggering catastrophic cardiovascular events seen in firefighters possessing underlying heart disease. Unfortunately, it appears nothing about the firefighter (Age, Experience, or Fitness level) are able to blunt or mitigate these responses.** Work that involves crawling and crouching body positions have the potential to drastically increase blood pressure as well as heart rate.

Overhaul: Created an average HR of 117 and RR of 40. This shows that it's just as demanding as suppression.

Ventilation: During the study, the most common situation involved vertical ventilation of a single story, wood framed residential structure. Firefighters executing vertical ventilation on these structures were required to scale ladders, and use hand tools and chain saws. When doing so, these individuals can typically carry 40-50 pounds of tools in addition to wearing their PPE. Scaling a ladder carrying hand tools and saws requires substantial power output. This level of power output is "energetically supplied by oxygen-independent metabolic mechanisms (glycolysis, and creatine phosphate systems). This type of non-oxygen-dependent work indicates a need for firefighters to possess substantial anaerobic capacity in addition to aerobic capacity." "During ladder ascent, especially with tools, *large masses of core body musculature plus arm and leg muscle are activated. Here again, the activation of large muscle masses in near static contractions increase rate pressure product and work of the heart.*" (Proving that weight lifting is just as important as cardio during our workouts)

Quotes of the Day

We are what we repeatedly do. Excellence, therefore,
is not an act but a habit.

-Aristotle

Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth
can help the man with the wrong mental attitude.

-Thomas Jefferson

Leadership: The art of getting someone else to do something you want done
because he wants to do it.

-Dwight D. Eisenhower

Of Interest...

Our firefighting brothers and sisters from “across the pond” in England are always ahead of the curve in finding ways to suit their needs when it comes to firefighting equipment. This photo was found recently of a “Personal Welfare Unit” from the Yorkshire Fire Brigade. Yes, those are toilets in the back of the unit! I think if they can come up with a vehicle that has a kitchen sink, they’ll have everything covered!



Corrections

In Issue #59, in a photo showing the Urban Shield drill in Boston, Firefighter Matt Ansello (Rescue Co. No. 1) was misidentified as Firefighter Kevin Mercer (Rescue Co. No. 1).

America's Heroes

Construction Mechanic 3rd Class Marvin Shields



Marvin Glenn Shields was born on 30 December 1939 in Port Townsend, Washington. Following graduation from high school in 1958, he moved to Hyder, Alaska where he worked in the gold mines. He enlisted in the United States Navy on 8 January 1962 and after construction training, was assigned to the Mobile Construction Battalion 11, Seabee Team 1104.

While operating at Dong Xoai, South Vietnam on 10 June 1965, **Seabee Team 1104**, Mobile Construction Battalion 11 was attacked by a Vietcong regiment. Even after being wounded, Shields continued to carry ammunition to the firing line, and after being wounded a second time, still insisted on helping a more severely wounded soldier to safety.

Refusing to consider himself, and now greatly weakened, he again exposed himself to enemy fire, volunteering to help knock out a machine gun which had the entire camp pinned down. Shields died from wounds he received after he and others "succeeded in destroying the enemy machine gun emplacement, thus undoubtedly saving the lives of many of their fellow servicemen in the compound." On 13 September 1966, he posthumously received the Medal of Honor. He is buried at Gardiner Cemetery, Gardiner, Washington

Construction Mechanic 3rd Class Marvin Glenn Shields was the first and remains the only Seabee to receive the Medal of Honor. He was the first United States Navy Sailor to be awarded the Medal of Honor for action in Vietnam.



Medal of Honor Citation:

For conspicuous gallantry and intrepidity at the risk of his life above and beyond the call of duty while serving with United States Navy Seabee Team 1104 at Dong Xoai, Republic of Vietnam, on 10 June 1965. Although wounded when the compound of Detachment A-342, 5th Special Forces Group (Airborne), 1st Special Forces, came under intense fire from an estimated reinforced Viet Cong regiment employing machine gun, heavy weapons and small arms, Shields continued to resupply his fellow Americans with needed ammunition and to return the enemy fire for a period of approximately three hours, at which time the Viet Cong launched a massive attack at close range with flame throwers, hand grenades and small-arms fire.

Wounded a second time during this attack, Shields nevertheless assisted in carrying a more critically wounded man to safety, and then resumed firing at the enemy for four more hours. When the Commander asked for a volunteer to accompany him in an attempt to knock out an enemy machine gun emplacement which was endangering the lives of all personnel in the compound because of the accuracy of its fire, Shields unhesitatingly volunteered for this extremely hazardous mission.

Proceeding toward their objective with a 3.5- inch rocket launcher, they succeeded in destroying the enemy machine gun emplacement, thus undoubtedly saving the lives of many of their fellow servicemen in the compound. Shields was mortally wounded by hostile fire while returning to his defensive position. His heroic initiative and great personal valor in the face of intense enemy fire sustain and enhance the finest tradition of the United States Naval Service.



SEABEES
"We Build, We Fight"

USS Marvin Shields

The frigate, **USS MARVIN SHIELDS, FF 1066**, was named in honor of Marvin G. Shields. USS Marvin Shields was the 15th ship in the KNOX - class of frigates and the first ship in the Navy to bear the name and was commissioned on 10 April 1971. Decommissioned on July 2, 1992, and stricken from the Navy list on January 11, 1995, the MARVIN SHIELDS was transferred to Mexico on January 29, 1997 and was recommissioned as MARIANO ABASOLO.



Photos above:
United States Navy

References:
http://en.wikipedia.org/wiki/Marvin_Glenn_Shields
www.virtualwall.org
www.Navsource.org
www.usmarvinshields.org
<http://navysite.de/ff/ff1066.htm>

North Cambridge Publication

Attention North Cambridge residents, former residents, and graduates of Rindge Tech, Cambridge High and Latin, or Cambridge Rindge and Latin School:

The new edition of Growing up in North Cambridge, which is now available in local stores and through the website below, is a special edition on the history and stories of the Cambridge public high schools.

Those who have not yet procured a copy, please know that this is jammed packed with stories and history of the public high schools of Cambridge with many meaningful and humorous stories told by alumni and alumnae.

Growing Up in North Cambridge can be ordered from the publisher below:

Stephen G. Surette
Editor/Publisher
Growing up in North Cambridge
P.O. Box 750002
Arlington Heights, MA 02475

telephone: 617-733-2232
email: Editor@growingupinnorthcambridge.com
web: Growingupinnorthcambridge.com

From the Tailboard...



This photo was taken at a hotel in Harvard Square recently. Just in case you need to call for another line....

Information

Please submit any information, photographs, or narratives for inclusion in the *Company Journal* hsmith@cambridgefire.org or Hmaxims@aol.com

E-mail list

If any retirees or friends of the Cambridge Fire Department wish to be added to the *Company Journal* e-mail list, send us the e-mail address!

Websites

Visit the Cambridge Fire Department website at www.Cambridgefire.org

Check out Cambridge Firefighters Local 30's website at <http://www.cambridgelocal30.org/>

Visit the Cambridge Retirement Board website at <http://www.cambridgeretirementma.gov/index.asp>

**REMEMBER THE MEN AND WOMEN SERVING IN OUR ARMED
SERVICES THROUGHOUT THE WORLD.
THEY ARE PROTECTING OUR COUNTRY, OUR LIBERTY, AND OUR
FREEDOM.
THANK OUR VETERANS!**



**Brothers and Sisters,
STAY BRAVE!
STAY VIGILANT!
STAY SAFE!**